

Preparing for the Lenten Season

**Lent is Observed for the Forty Days
beginning Ash Wednesday
until Easter – excluding Sundays.**

Join us on a Lenten journey where we will reflect on the battles we face in life; powers & principalities, evil, darkness, the devil, and even attempts at identity theft as a child of God. We will delve into the scriptures to hear and learn how “The Battle Belongs to the Lord”.



Lenten 5-5-5 Service Project - This year we are introducing **something new** for our Lenten Project! We will be supporting the NALC Disaster Relief Program. NALC – The North American Lutheran Church to which SOTW belongs, has a team of dedicated staff and volunteers who work throughout the year to be ready to assist in times of natural disaster.

We are setting a goal to collect **500** items and raise **\$500** during the **5** weeks of Lent. These are the items used to make Disaster Relief Kits and Health Kits which are distributed to those in need following floods, hurricanes and tornadoes.

There will be collection bins in the Gathering Area beginning Ash Wednesday and there will also be an Amazon Wish List Option if you would like to shop on line and have an item or items sent directly to the church. Stay tuned for more details.

Disaster Kit Items Needed

- Large trash bags (3 mil contractor)
- Paper towels
- Rags (old towels)
- Scrub Brushes
- Small bottles of bleach (1/2 gallon or smaller)
- Large Rubber gloves
- Large Leather gloves
- Large Cotton Gloves
- Comet/scouring powder
- Pine sol or similar cleaner

Health Kit Items Needed

- Wash cloths
- Bars of soap
- New/gently used bath towels
- Toothbrushes (individually packaged)
- Toothpaste
- Dental Floss
- Combs
- Deodorant
- Nail Clipper
- Shampoo

Also needed for all kits: Bibles (adult, children, teen, Spanish, large print); Prayer Books; new or gently used, clean blankets, any size. We kindly ask that if gently used blankets be washed and dried before being donated.

Lenten & Easter Dates to note:

- Sun, Feb 11 – Pancake Breakfast Fundraiser for Youth Life
- Wed, Feb 14 – Ash Wednesday – Worship at Noon & 6:30pm with Imposition of Ashes
- Worship will be held each Wednesday at Noon and 6:30pm beginning Feb 21 through March 20.
- Fellowship Soup & Salad Dinners each Wednesday at 5:30pm during Lent (arrive anytime 5:45 to 6:15pm)
- Thurs, March 28 – Maundy Thursday – worship at Noon and 6:30pm
- Fri, March 29 – Good Friday – worship at Noon and 6:30pm
- Sat, March 30 – Easter Saturday – worship at 5:30pm
- Sun, March 31 – Easter Sunday – worship at 6:30am, 8:30am and 10:30am

Soup Chefs & Salad Helpers Wanted – would you like to assist with our Lenten Soup & Salad Dinners?

Each week during Lent we offer two soups and a salad, a representation of a humble meal to help us reflect on our abundant lives and the blessings of the Lord. You are invited to help as a soup chef and provide one of the soups one or more weeks. We can provide the ingredients if you like and you can cook at home or at the church.



If you don't like to cook but still want to help, we can also use the gift of your time preparing the salad and other items and setting up the Fellowship Hall and serving line for the meal on any Wednesday afternoon during Lent. **Please indicate your interest in serving in either way by noting the Yellow Insert.**